

SANDWICHES ON A FRESH ROLL \$6.49

CHOOSE YOUR FRESH BAKED ROLL :: COUNTRY WHITE OR HONEY WHEAT

WHOLE WHEAT TORTILLA WRAPS ALSO AVAILABLE FOR ALL SANDWICHES



italian chicken sandwich

grilled and sliced chicken breast, provolone, lettuce, tomato, red onion, italian dressing, hellman's mayo

buffalo chicken sandwich

grilled and sliced chicken breast, cheddar, spicy buffalo sauce, lettuce, bleu cheese dressing

chipotle chicken sandwich

grilled and sliced chicken breast, pepper jack, jalapeno peppers, red onion, lettuce, tomato, ancho chipotle dressing

chicken ranch club sandwich

grilled and sliced chicken breast, chopped bacon, swiss, lettuce, tomato, ranch dressing

greek chicken sandwich

grilled & sliced chicken breast, feta cheese, greek olives, red onion, lettuce, tomato, greek vinaigrette, fresh tzatziki

lemon basil sirloin sandwich

house recipe roast sirloin, lettuce, tomato, red onion, lemon basil aioli

bacon bleu sirloin sandwich

house recipe roast sirloin, chopped bacon, red onion, lettuce, tomato, bleu cheese dressing

spicy dijon sirloin sandwich

house recipe roast sirloin, swiss, red onion, lettuce, tomato, extra strong dijon mustard

honey dijon sirloin sandwich

house recipe roast sirloin, provolone, red onion, lettuce, tomato, honey dijon aioli

cranberry goat turkey sandwich

sliced deli turkey, lettuce, red onion, goat cheese, cranberry apricot compote

honey dijon ham sandwich

smoked deli ham, lettuce, tomato, red onion, honey dijon aioli

Fresh veggie sandwich

roasted red pepper hummus, feta, greek olives, lettuce, red onion, tomato, fresh tzatziki

albacore tuna salad sandwich

100% wild caught white albacore tuna with diced celery & hellman's mayo, lettuce, tomato

spicy southwestern veggie sandwich

sweet corn & black bean pico de gallo, pepper jack, jalapeno's, red onion, lettuce, tomato, ancho chipotle sauce

italian club sandwich

sliced deli ham & turkey, provolone, lettuce, tomato, red onion, hellman's, italian dressing

josie's club sandwich

sliced deli turkey & ham, swiss, chopped bacon, hellman's mayo, lettuce, tomato

eddie's club sandwich

sliced house recipe roast sirloin, smoked deli ham, provolone, spicy dijon, hellman's, lettuce, tomato

turkey club sandwich

sliced deli turkey, chopped bacon, swiss, lettuce, tomato, hellman's mayo

ham 'n cheese sandwich

sliced deli ham, american cheese, lettuce, tomato, hellman's mayo

SALADS large \$7.42 small \$5.57


SERVED WITH BREAD :: ADD GRILLED CHICKEN FOR \$2.32

 = suggested dressing


catalina cobb salad

diced tomato, crumbled bleu, red onion, shredded cheddar, chopped bacon  catalina & blue cheese


kaanapali pineapple salad

Fresh pineapple, red pepper, green onion, wontons  mango passion

palermo pecan salad

candied pecans, crumble bleu cheese, green onion  balsamic vinaigrette


baltimore B.L.T. salad

chopped bacon, diced tomato, red onion, croutons  honey dijon


amarillo ranch salad

diced tomato, cheddar cheese, green onion, croutons  buttermilk ranch

Fresno Fruity 'n Fat Free salad

mango, strawberry, pineapple, green onion  Fat Free raspberry vinaigrette


sedona strawberry salad

Fresh strawberry, red onion, goat cheese  ripe raspberry


el paso pico salad

sweet corn & black bean pico de gallo, cheddar cheese  ancho chipotle


sicilian caesar salad

parmesan cheese, garlic croutons  creamy caesar


caribbean mango salad

diced mango, green onion, goat cheese  mango passion

thai sesame salad

green onion, diced red pepper, wontons  thai sesame

athenian greek salad

red onion, tomato, feta cheese, greek olives  greek vinaigrette

SACK LUNCH

IT'S IN THE BAG



sandwich sack \$9.27

deli sandwich, bag of chips, choice of beverage, giant chocolate chunk cookie

salad sack \$9.27

large signature salad, choice of beverage, giant chocolate chunk cookie

soup & salad sack \$10.20

large signature salad, cup of homemade soup, fresh bread, choice of beverage, giant chocolate chunk cookie

soup & sandwich sack \$10.20

deli sandwich, cup of homemade soup, bag of chips, choice of beverage, giant chocolate chunk cookie

salad & sandwich sack \$10.20

deli sandwich, small signature salad, choice of beverage, giant chocolate chunk cookie

small sack \$8.11

pick two items:

1/2 deli sandwich • small salad • cup of soup

SOUPS

MADE FROM SCRATCH USING ALL NATURAL INGREDIENTS

Cup \$4.40 Bowl \$5.33

DAILY SOUP SELECTIONS CAN BE VIEWED AT www.realmealdeli.com

SIDES & EXTRAS

deli pickle spear \$1.93

extra cheese \$1.93

extra dressing \$1.93

bag of chips \$1.39

double meat \$2.32

all beverages \$1.85

Fresh giant chocolate chip cookie \$2.32



REAL MEAL DELI CATERING



BUFFET-STYLE LUNCHES, PLATTERS, & SERVICES

sandwich & salad buffet lunch \$10.20/person
wrapped & labeled half sandwiches (two halves per person), large "family style" salad, & two extras

sandwich buffet lunch \$9.27/person
wrapped & labeled half sandwiches (two halves per person) & three extras

salad w/chicken buffet lunch \$9.27/person
Family style salad with grilled chicken, bread & butter, & one extra

salad buffet lunch \$9.27/person
Family style salad, bread & butter, & two extras

small buffet lunch \$8.11/person
wrapped and labeled half sandwiches (one half per person) & Family style salad (no extras)

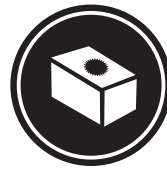
sandwich platter \$6.49/person
wrapped and labeled half sandwiches (two halves per person)

Family style salad w/chicken \$9.74/person
Family style salad with grilled chicken, bread & butter

Family style salad \$7.42/person
Family style salad with bread & butter

home-made soup service \$5.33/person
stainless steel electric soup satellite
Filled with your favorite piping hot soup
(check realmealdeli.com for current soup choices)

Fresh tropical fruit platter \$5.33/person
perfectly cleaned and cut strawberries, mango, & pineapple



REAL BOX LUNCH

BOXED LUNCHES

sandwich & salad box \$10.20/person
any Full-size sandwich, any half-size salad, & two extras

sandwich box \$9.27/person
any Full-size sandwich & three extras

salad w/chicken box \$9.27/person
any Full-size salad with grilled chicken, bread & butter, & one extra

salad box \$9.27/person
any Full-size salad, bread & butter, & two extras

small box \$8.11/person
any half-size sandwich & any half-size salad (no extras)

EXTRAS

giant chocolate chunk cookie • assorted chips • assorted beverages • premium deli pickle spears
Fresh Fruit ramekin

chip choices
rachel's kettle chips (gourmet, salt & vinegar, bbq, jalapeno) • classic lays • baked lays • harvest cheddar sun chips • nacho cheese doritos • cool ranch doritos



CATERING HOTLINE 651-493-9704

saint paul

*catering orders must be received at least one day in advance.



SAINT PAUL

1st National Bank Bldg Skyway
332 minnesota street
st. paul, MN 55101



FRESH

made to order

AFFORDABLE

good food for all

DELICIOUS

real food real cooking

