

REAL MEAL DELI CATERING



BUFFET-STYLE LUNCHES, PLATTERS, & SERVICES

sandwich & salad buffet lunch \$9.05/person
wrapped & labeled half sandwiches (two halves per person), large "family style" salad, & two extras

sandwich buffet lunch \$8.15/person
wrapped & labeled half sandwiches (two halves per person) & three extras

salad w/chicken buffet lunch \$8.15/person
Family style salad with grilled chicken, bread & butter, & one extra

salad buffet lunch \$8.15/person
Family style salad, bread & butter, & two extras

small buffet lunch \$6.34/person
wrapped and labeled half sandwiches (one half per person) & Family style salad (no extras)

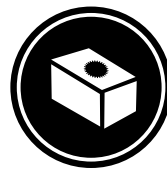
sandwich platter \$5.34/person
wrapped and labeled half sandwiches (two halves per person)

Family style salad w/chicken \$7.46/person
Family style salad with grilled chicken, bread & butter

Family style salad \$5.88/person
Family style salad with bread & butter

home-made soup service \$4.30/person
stainless steel electric soup satellite
Filled with your favorite piping hot soup
(check realmealdeli.com for current soup choices)

Fresh tropical fruit platter \$4.30/person
perfectly cleaned and cut strawberries, mango, & pineapple



REAL BOX LUNCH

BOXED LUNCHES

sandwich & salad box \$9.05/person
any Full-size sandwich, any half-size salad, & two extras

sandwich box \$8.15/person
any Full-size sandwich & three extras

salad w/chicken box \$8.15/person
any Full-size salad with grilled chicken, bread & butter, & one extra

salad box \$8.15/person
any Full-size salad, bread & butter, & two extras

small box \$6.34/person
any half-size sandwich & any half-size salad (no extras)

EXTRAS

giant chocolate chunk cookie • assorted chips • assorted beverages • premium deli pickle spears • Fresh gala apples • Fresh fruit ramekin

chip choices
rachel's kettle chips (gourmet, salt & vinegar, bbq, jalapeno) • classic lays • baked lays • harvest cheddar sun chips • nacho cheese doritos

drink choices
coke • diet coke • 7up • diet 7up • snapple mango • snapple kiwi strawberry • snapple diet cran-raspberry • snapple diet peach tea • snapple diet raspberry tea • bottled water



CATERING HOTLINES

651-493-9704

saint paul

612-436-0114

minneapolis

*please try to call in catering orders at least one day before delivery – thanks!

MINNEAPOLIS

Baker Center Skyway
733 marquette avenue
minneapolis, MN 55402



SAINT PAUL

1st National Bank Bldg Skyway
332 minnesota street
st. paul, MN 55101



FRESH

made to order

AFFORDABLE

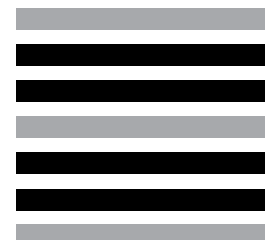
good food for all

DELICIOUS

real food real cooking



www.realmealdeli.com



SANDWICHES ON A FRESH ROLL \$5.43

CHOOSE YOUR FRESH BAKED ROLL :: COUNTRY WHITE OR HONEY WHEAT

WHOLE WHEAT TORTILLA WRAPS ALSO AVAILABLE FOR ALL SANDWICHES



italian chicken sandwich

grilled and sliced chicken breast, provolone, lettuce, tomato, red onion, italian dressing, hellman's mayo

buffalo chicken sandwich

grilled and sliced chicken breast, cheddar, spicy buffalo sauce, lettuce, bleu cheese dressing

chipotle chicken sandwich

grilled and sliced chicken breast, pepper jack, jalapeno peppers, red onion, lettuce, tomato, ancho chipotle dressing

chicken ranch club sandwich

grilled and sliced chicken breast, chopped bacon, swiss, lettuce, tomato, ranch dressing

greek chicken sandwich

grilled & sliced chicken breast, Feta cheese, greek olives, red onion, lettuce, tomato, greek vinaigrette, Fresh tzatziki

lemon basil sirloin sandwich

house recipe roast sirloin, lettuce, tomato, red onion, lemon basil aioli

bacon bleu sirloin sandwich

house recipe roast sirloin, chopped bacon, red onion, lettuce, tomato, bleu cheese dressing

spicy dijon sirloin sandwich

house recipe roast sirloin, swiss, red onion, lettuce, tomato, extra strong dijon mustard

honey dijon sirloin sandwich

house recipe roast sirloin, provolone, red onion, lettuce, tomato, honey dijon aioli

cranberry goat turkey sandwich

sliced whole muscle deli turkey, lettuce, red onion, goat cheese, cranberry apricot compote

honey dijon ham sandwich

smoked whole muscle deli ham, lettuce, tomato, red onion, honey dijon aioli

Fresh veggie sandwich

roasted red pepper hummus, Feta, greek olives, lettuce, red onion, tomato, Fresh tzatziki

albacore tuna salad sandwich

100% wild caught white albacore tuna with diced celery & hellman's mayo, lettuce, tomato

spicy southwestern veggie sandwich

sweet corn & black bean pico de gallo, pepper jack, jalapeno's, red onion, lettuce, tomato, ancho chipotle sauce

italian club sandwich

sliced whole muscle deli ham & turkey, provolone, lettuce, tomato, red onion, hellman's, italian dressing

josie's club sandwich

sliced whole muscle deli turkey & ham, swiss, chopped bacon, hellman's mayo, lettuce, tomato

eddie's club sandwich

sliced house recipe roast sirloin, smoked whole muscle deli ham, provolone, spicy dijon, hellman's, lettuce, tomato

turkey club sandwich

sliced whole muscle deli turkey, chopped bacon, swiss, lettuce, tomato, hellman's mayo

honey dijon turkey sandwich

sliced whole muscle deli turkey, provolone cheese, lettuce, tomato, honey dijon aioli

ham 'n cheese sandwich

sliced whole muscle deli ham, american cheese, lettuce, tomato, hellman's mayo

SAY CHEESE! 68¢

AMERICAN, CHEDDAR, SWISS, PROVOLONE, PEPPER JACK, PARMESAN, GOAT, FETA

SALADS large \$5.88 small \$4.98

SERVED WITH BREAD :: ADD GRILLED CHICKEN FOR \$1.58

= suggested dressing

catalina cobb salad

diced tomato, crumbled bleu, red onion, shredded cheddar, chopped bacon catalina & blue cheese

kaanapali pineapple salad

Fresh pineapple, red pepper, green onion, wontons creamy poppyseed

palermo pecan salad

candied pecans, crumble bleu cheese, green onion balsamic vinaigrette

baltimore B.L.T. salad

chopped bacon, diced tomato, red onion, croutons honey dijon

amarillo ranch salad

diced tomato, cheddar cheese, green onion, croutons buttermilk ranch

Fresno Fruity 'n Fat Free salad

mango, strawberry, pineapple, green onion Fat Free raspberry vinaigrette

sedona strawberry salad

Fresh strawberry, red onion, goat cheese ripe raspberry

el paso pico salad

sweet corn & black bean pico de gallo, cheddar cheese ancho chipotle

sicilian caesar salad

parmesan cheese, garlic croutons creamy caesar

caribbean mango salad

diced mango, green onion, goat cheese mango passion

thai sesame salad

green onion, diced red pepper, wontons thai sesame

athenian greek salad

red onion, tomato, Feta cheese, greek olives greek vinaigrette

SACK LUNCH

IT'S IN THE BAG



sandwich sack \$8.15

deli sandwich, bag of chips, choice of beverage, giant chocolate chunk cookie

salad sack \$8.15

large signature salad, choice of beverage, giant chocolate chunk cookie

soup & salad sack \$9.05

large signature salad, cup of homemade soup, Fresh bread, choice of beverage, giant chocolate chunk cookie

soup & sandwich sack \$9.05

deli sandwich, cup of homemade soup, bag of chips, choice of beverage, giant chocolate chunk cookie

salad & sandwich sack \$9.05

deli sandwich, small signature salad, choice of beverage, giant chocolate chunk cookie

small sack \$6.34

cup of soup, small salad, bread

SOUPS

MADE FROM SCRATCH USING ALL NATURAL INGREDIENTS

Cup \$3.39 Bowl \$4.30

DAILY SOUP SELECTIONS CAN BE VIEWED AT www.realmealdeli.com

SIDES & EXTRAS

deli pickle spear \$.68

extra cheese \$.68

extra dressing \$.68

bag of chips \$1.13

double meat \$1.58

all beverages \$1.58

Fresh giant chocolate chip cookie \$1.58

